

### **9. Requirements for supervision**

2 short-term treatment cases with a successful supervision video recording  
2 long-term treatment cases with at least three successful supervision video recordings per treatment case

### **10. Closing examination**

Admission to the examination is contingent on successful completion of the above seminars and the minimum supervisory requirements. The examination is conducted by both course leaders over a period of 90 minutes in a small group and includes the TIL examination papers.

### **11. Seminar costs**

- The seminar fees and general terms and conditions of the Leipzig Academy for Integrative Psychotherapy (the parent organisation of the TIL) apply to all seminars, i.e. 8 x €240,- in keeping with the early booking deadline for the seminar.

- Individual or group supervision appointments can be agreed upon under the following conditions:
  - individual supervision: 45 min for €75,-
  - group supervision (4 persons): 90 min for €50,-

- One-off payments:
  - Preliminary interview fee: €80,-
  - Personal SPIM-20-CT manual: €50,-
  - Closing examination fee: €100,-

### **Renowned international visiting lecturers for the 2010 / 2012 curriculum:**

Dr. Renee P. Marks (GB)  
Dr. Colin Ross (USA)  
Dr. Ellert Nijenhuis (NL)  
Frances Waters (MSW, DCSW, LMFT) (USA)  
Dr. Harvey Schwartz (USA)  
Prof. Dr. Onno van der Hart (NL)  
Dr. Renate Hochauf (D)

### **Location of the courses – address**

Trauma Institute Leipzig (at the Leipzig Academy for Integrative Psychotherapy)  
Leipziger Strasse 36a  
04178 Leipzig  
Germany

Tel.: +49 341 4429128  
Email: info@trauma-institut-leipzig.de  
Website: www.trauma-institut-leipzig.de  
www.leipzigerakademie.de

### **Office hours**

Ms Sylvia Poetzsch  
Monday – Friday: 9:00 – 12:00  
Monday – Thursday: 14:00 – 15:00  
Appointments must be agreed upon by telephone first

### **Cooperation**

The Trauma Institute Leipzig works together with:

- The Thüringer Traumanetzwerk-Zentrum
- The Stuttgarter Trauma-Institut (Villa-Lindenfels-Zentrum)
- The Köln-Bonner-Akademie für Tiefenpsychologische Psychotherapie
- The Alternburger Traumainstitut
- The Psychotrauminstitut Schaffhausen (Switzerland)

### **Course leaders:**

#### **Dr. Ralf Vogt**

Trauma therapist, psychological psychotherapist, psychoanalyst, family therapist, EMDR therapist, training analyst, supervisor, team supervisor, joint owner of an accredited psychotherapy practice for the individual and group therapy of adults, children and adolescents. Specialised in treating dissociative/complexly traumatized disorders according to Huber, Nijenhuis, Van der Hart and according to the in-house therapy concept SPIM-20-CT. Member of ESTD, DeGPT, ISSTD, DGK, EABP, EMDRIA and others.

#### **Irina Vogt, Dipl.-Psych.**

Trauma therapist, psychological psychotherapist, depth psychologist, supervisor, play therapist, EMDR therapist, joint owner of an accredited psychotherapy practice for the individual and group therapy of adults, children and adolescents. Specialised in treating dissociative/complexly traumatized disorders according to Huber, Nijenhuis, Van der Hart and according to the in-house therapy concept SPIM-20-CT. Member of ESTD, DeGPT, ISSTD, EMDRIA and others.

## **Trauma - Institut - Leipzig (TIL)**



## **Advanced training course in counselling complex psychological trauma disorders (SPIM-20-CT)**

(TIL – March 1 2010  
in line with  
DeGPT guidelines)

## **Admission criteria for the Federal Republic of Germany:**

for the further education course of trauma counsellor for the counselling of complex trauma disorders according to the SPIM-20-CT concept:

- 1)** Degree in
  - medicine, psychology, pedagogy
  - clinical social work
  - vocational degree in youth work and education studies
  - vocational degree in adult social work in cooperation with psychiatry
- 2)** several years of professional experience – or, by exception, new practitioners – in social, pedagogical or administrative areas of work in which dissociative / complexly traumatised patients form part of the daily schedule.
- 3)** How to enter:
  - 3.1)** Please send the following documents per post:
    - a)** a letter stating your interest in the course of your choice and your reasons for wishing to enter it
    - b)** copies of diplomas for foundation counselling courses or other specified qualifications
    - c)** copies of any other further education seminars you have successfully completed relevant to counselling
    - d)** your professional CV incl. a passport photo
  - 3.2)** After we have verified your documents the TIL-office will notify you whether the documents you have submitted satisfy our entry requirements or not. If not, we will request supplementary documentation. But if all our requirements have been met, we will invite you to a preliminary interview.
  - 3.3)** Payment of an administrative fee of €80,- for the application process into the TIL-account or the account of the Leipzig Academy for Integrative Psychotherapy with the reference: name, administrative fee, course title.
  - 3.4)** After reception of the administrative fee we will propose a time and date for the preliminary interview.
  - 3.5)** In this interview we will personally discuss the course requirements together with your application and also compare and contrast the course content with your personal requirements.  
(P.S.: the admission criteria for applicants from other countries can be requested per phone, email or fax from the TIL-directorate)  
After mutual agreement about the objectives and requirements of the course you will receive a contract for the course.  
You can then send us the signed contract after a period for consideration. The course will officially commence when you receive our invitation with the times and dates for all the seminars.

### **Compulsory seminars:**

#### **1. The theoretical foundations of SPIM-20-CT (16 hours – 2 days)**

- a) Terms, definitions, concepts
- b) The basic physiology of the brain
- c) Working with attachment and relationships, dissociation and affect disorders, transferences and introjects
- d) Body psychotherapy for psychotrauma patients
- e) The essentials for individual and group psychotherapy for children / adolescents / adults
- f) Play therapy and the reparenting approach
- g) Psychotherapeutic fundamentals for the treatment of acutely and complexly traumatised patients regarding legal standards and organised networks

#### **2. Advanced SPIM-20-CT (16 hours – 2 days)**

- a) Using the manual in practice, stages and phases of psychoeducation
- b) Structures for the role schemata of dissociative / complexly traumatised patients (halting regression, stabilization, containing introjects)
- c) Examples of using various settings in practice: demonstrations and training
- d) Case vignettes to illustrate the use of various treatment settings
- e) Therapy diagnostics and evaluation
- f) psychotherapeutic issues regarding data protection and legal grey areas (false memory) in the treatment of dissociative / complexly traumatised patients

#### **3. Methodology seminar I SPIM-20-CT (16hrs.–2 days)**

- a) Basic dialogues for psychotherapeutic postures and the psychotherapeutic framework
- b) Focussed psychotrauma exploration and conversation guidelines for targeted therapy
- c) Devising psychagogic metaphors for clients and using handouts for each learning phase
- d) Devising psychagogic presentations for relatives and other public appearances of the psychotherapist
- e) Discussion and training of the necessary criteria for therapeutic work with groups of complex traumatised patients or psychotherapists in self-experience
- f) Developing self-experience criteria for contact, monitoring goals and reducing psycho-physical triggers in small and large groups, telephone calls, house visits, and any other support framework enabled by supervised tasks for the training group

#### **4. Methodology seminar II SPIM-20-CT (16hrs.–2 days)**

- a) Explanation and training of terminology with the aid of case studies: psychotrauma, stress reactions, dissociation and complex traumatization and the diagnostic stages from acute trauma, PTSD to dissociative identity disorder  
Diagnostic criteria and explication of the benefits of questionnaire databases for treating dissociation and trauma
- b) Self-experience in methodical settings for contact, support, substitute parenting, phobias and psycho-physical stabilisation and group play
- c) Criteria for the psychotherapeutic treatment in groups with the focus on attachment and relationship skills deficits due to complex traumatization
- d) Explanation and discussion of psychodynamic and structural tasks for independent work in group therapy with a focus on moderating and cooperation principles and boundaries and postures for problematic interpersonal situations

#### **5. Methodology seminar III SPIM-20-CT (16hrs. – 2 days)**

- a) Work on the subconscious to regulate actions – necessities, possibilities, boundaries
- b) Diagnosing subconscious traumatic reenactments in the form of regressions and other trauma compensating schemata
- c) Diagnosing active perpetrator introjects and their chronification through inappropriate settings or relationships

- d) Therapy settings for raising awareness and phase-appropriate modification of secondary internal and external structural conflicts within the post-traumatic development and/or self-experience of aggression, grief, disgust, shame and powerlessness
- e) Systematic detection and stage-by-stage modification of retraumatizing perpetrator structures in specific disturbed relationship dimensions of the clients within an individual and/or group therapy framework
- f) Self-experience criteria for psychodynamic filtering and processing of trauma-compensating behaviour in small and large groups which are self-organised by the trainee group

#### **6. Methodology seminar IV SPIM-20-CT (16hrs. – 2 day)**

- a) Diagnostics and principles for a professional and safe psychotrauma exposition
- b) Criteria and techniques for checking stability and interventions for reorientation in the case of spontaneous psychotrauma flashbacks as well as techniques for labilisation and compensation incidents during exposition
- c) Screening techniques and concentrated setting work for psychotrauma exposition with parallelisation methodology and switching perspectives, incl. personal suitability criteria and their application for psychotrauma therapists
- d) Self-experience of using beseechable therapy objects in the psychotrauma exposition
- e) Differences in exposition settings between adults and children
- f) Personal learning and self-experience objectives for fulfilling the suitability criteria of the trainees for psychotrauma diagnostics and exposition work

#### **7. Advanced workshop I as a supplement to SPIM-20-CT (16 hours – 2 days)**

- a) other psychotherapeutic diagnostics and stabilisation techniques for complexly traumatised children
- b) other structural and socially integrative techniques for building up resources and futherling reintegration in dissociative / complexly traumatised clients
- c) other methods for the psychotrauma therapeutic treatment of children and adolescents
- d) Case discussions in the context of a different treatment concept for treating complexly traumatised children and adolescents in the daily practice
- e) Psychotherapeutic brief supervision of practice cases / case vignettes from the course participants in the context of the visiting lecturers

#### **8. Advanced workshop II as a supplement to SPIM-20-CT (16 hours – 2 days)**

- a) other psychotherapeutic techniques for the psycho-physical diagnostics and stabilisation of adults
- b) other structural and social techniques for building up resources and integrating dissociative / complexly traumatised clients
- c) other methods for trauma-oriented psychotherapy of adults
- d) Case discussions in the context of a different treatment concept for the psychotherapy of complexly traumatised adults in the daily practice
- e) psychotherapeutic brief supervision of practice cases / case vignettes from the workshop participants in the context of the methodology presented by visiting lecturers