

Practical Requirements to apply for exams

Two short term cases documented each by one supervised video and a complete treatment protocol

Two long term cases documented each by two supervised videos and a complete treatment protocol.

Final Colloquium

Admission depends on the successful completion of all seminars as listed above. All required case documentations including supervision need to be handed in and accepted by the trainers. Both trainers conduct the final 90 minutes colloquium with a small group covering all major topics and fields from the training seminars.

Seminar Costs

- Seminar fees and terms and conditions of the Leipzig Academy for Integrative Psychotherapy apply (Leipziger Akademie für Ganzheitliche Psychotherapie, the mother organisation of the TIL). For instance, 250 EUR early bird pricing for a two-day seminar (300 EUR when booked later).
- Individual and group supervision can be booked for the following rates:
 - Individual supervision: 45 min. für 80,- Euro
 - Group supervision (3 Pers.): 90 min. für 50,- Euro
- Non-recurring Costs:
 - Admission interview: 80,- Euro
 - SPIM 30 Manual: 50,- Euro
 - Final colloquium: 100,- Euro
 - Assessment of each submitted case documentation:
 - Short term case 40,- € (DVD and protocol)
 - Long term case 60,- € (DVD and protocol)

International renowned guest lecturers 2012 - 2015:

Dr. Renee P. Marks (GB)
Dr. Colin Ross (USA)
Dr. Alison Miller (USA)
Dr. Suzette Boon (NL)
Dr. Ellert Nijenhuis (NL)
Dr. Giovanni Liotti (I)

Training Place - Postal Address

Trauma-Institut-Leipzig (at the Leipziger Akademie für Ganzheitliche Psychotherapie)
Leipziger Straße 36 a, D-04178 Leipzig

E-Mail: info@traumainstitutleipzig.de
Internet: www.traumainstitutleipzig.de
also: www.traumapotenziale.de

Office Hours

Our secretary Mrs. Sylvia Pötzsch
Monday - Friday: 09.00 – 12.00 am
Personal appointments only by agreement
Please use email as the main approach to reach us.

Cooperation

The Trauma-Institute-Leipzig cooperates with the following institutions (* state approved institutes):

- Stuttgarter Trauma-Institut Villa-Lindenfels
- * Köln-Bonner-Akademie für Tiefenpsychologische Psychotherapie
- * aap - Akademie für Allgemeine Psychotherapie private GmbH - Dresden
- * IPT-Leipzig - Institut für Psychotherapie
- * IFP - Institut für Psychotherapie Potsdam GmbH
- * BATAP - Brandenburgische Akademie für Tiefenpsychologie und Analytische Psychotherapie e.V. Cottbus
- * AfP Erfurt - Akademie für Psychotherapie GmbH
- * MAPP - Magdeburger Institut für Psychotherapeutische Psychologie
- Thüringer Traumanetzwerk-Zentrum Rohr
- Altenburger Traumainstitut – Außenst. des Dt. Institutes für Psychotraumatologie Köln

Trainer:

Dr. rer. nat., Dipl.-Psychologist Ralf Vogt

Psychotrauma therapist, psychological psychotherapist, Psychoanalyst, Family therapist, training analyst, supervisor, team supervisor. Private practice for individual and group therapy with adults as well as children and adolescents. Dr. Vogt has practical experience of over 30 years and together with his wife specializes in the treatment of traumatized, dissociative clients with their own treatment model SPIM 30. They developed their model 15 years ago and have researched and refined it ever since. Member of ISSTD, ESTD, DeGPT, EABP, DGK.

Dipl.-Psychologist Irina Vogt

Psychotrauma therapist, psychological psychotherapist, psychodynamic therapist, supervisor, play therapist. Private practice for individual and group therapy with adults as well as children and adolescents. Irina Vogt has practical experience of over 30 years and together with her husband specializes in the treatment of traumatized, dissociative clients with their own treatment model SPIM 30. They developed their model 15 years ago and have researched and refined it ever since. Member of ISSTD, ESTD, DeGPT, DGTD.

Trauma - Institute - Leipzig (TIL)



Advanced Training Trauma Psychotherapist (SPIM 30 Model) for the treatment of people with complex trauma disorders

Suitable as a supplement to psychoanalysis, psychodynamic therapies, and behavioral therapies for the treatment of adults as well as children and adolescents

(TIL - 03/01/2015 - derived from the guidelines of trauma societies ISSTD, ESTD, DeGPT, DGTD)

Training Seminars of the SPIM 30 curriculum:

For admission requirements and application conditions please see the website: www.traumainstitutleipzig.de.

The seminars cover 16 hours within two days are conducted in the space of 2,5 to 3 years.

1. Basics of the SPIM 30 Model (Tasting seminar)

- a) Basic seminar on the terms and concepts from the SPIM 30 Model, theory and practical exercises.
- b) Brain physiology
- c) Clinical work with attachment, dissoziation, affect disorders, transferences and introjections
- d) Body oriented approaches with traumatized clients
- e) Concurrent individual and group therapy with traumatized, dissociative patients
- f) Implementing play therapy and re-nurturing settings
- g) Differentiating trauma therapy, trauma counseling and publicity work

2. Advanced Seminar I (specifics of dissociative disorders)

- a) Concepts of dissociation with regard to man made disasters
- b) Structural changes in dissociative disorders and implications for dealing with transferences, counter transferences, resistances, compromised mentalization capacities
- c) Psychoeducative settings for different regulation states according to SPIM 30
- d) Application of Animated (beseelbare) therapy Objects and how to employ them appropriately for diagnostic and therapeutic purposes (working with implicit associations)
- e) Fostering resources
- f) Understanding the False Memory controversy

3. Advanced Seminar II (dialogue seminar)

- a) Dialogue training of basic strategies, clarifying the framework
- b) Focused trauma exploration and goal oriented conversation
- c) Creating psychoeducative metaphors for clients, using handouts
- d) Training affect regulation
- e) Dealing with relatives (supporters or perpetrators?) and slander and betrayal
- f) Benefits of individual and group therapy in different phases

4. Advanced Seminar III (stabilization seminar)

- a) Important cognitive, interactive and psychoeducative rules and exercises for stabilization
- b) Using SPIM 30 stabilization handouts

- c) Advanced settings to address lacking experiences of dissociative clients (re-parenting and modelling play and everyday skills) paper pencil exercises
- d) Fostering social training in positive social fields, groups and circle of friends
- e) Discussing emergency plans for patients

5. Advanced Seminar IV (perpetrator attachment / perpetrator introjects)

- a) Understanding unconscious reenactment in the counseling relationship or in the client's outside world
- b) Phases of detaching from perpetrator structures and reduce the negative impact of perpetrator introjects step by step
- c) Indication for statement settings to address perpetrator introjects
- d) Using CSEPT settings for gestalt therapeutic diagnostics
- e) Discussion about retraumatizing, compensating and chronifying concepts of living in dissociative clients

6. Advanced Seminar V (trauma confrontation & processing seminar I)

- a) Indications for trauma confrontation, basic rules for professional conduct (Screen, LMDR, CSEPT)
- b) Exercises to review stabilization criteria and train interventions for reorientation in case of spontaneous flashbacks. As well as interventions for dealing with incidents during trauma confrontation.
- c) Training of trauma confrontation techniques screen, LMDR, parallelization and change of perspective.
- d) Self experience with animated therapy objects in trauma confrontation settings (CSEPT).
- e) Differences in the trauma work with adults or children
- f) Conclusion of individual goals for further training and self-experience to become more adapt at trauma diagnostics and processing.

7. Advanced Seminar VI (trauma confrontation & processing seminar II)

- a) Repeating and deepening of all prior seminars by discussing case examples.
- b) Exercising difficult therapy situations in role play
- c) Supervision of the participant's DVD-sequences from their sessions in order for them to adjust their practice according to new insights.
- d) Case oriented comparison of different trauma processing techniques.
- e) Exercises in perspective taking of victim and perpetrator perspectives in imaginative work with dissociative disorders

8. Advanced Seminar VII (working with parts seminar)

- a) In depth work with parts in dissociative disorders according to the SPIM 30 Model
- b) Exercises in implementing small island settings (up to three parts) with the state, plank and bridge techniques
- c) Exercises in working with switches in more complex state settings
- d) Processing hardened state dialogues with highly dissociative resistance
- e) Discussion on the problem of patients who have ongoing contact with perpetrators
- f) Limitations of state settings within psychodynamic work

9. Advanced Seminar VIII (integration seminar)

- a) Revision of the previous seminar contents from psychoeducation and trauma confrontation to integrative differentiation of social conclusions illustrated by case examples
- b) Integration of insights from individual, group and social therapy from different points of view
- c) Involving children or partners in advanced therapy/counseling
- d) Integration of expert literature with clients
- e) Using tutorial DVD's (SPIM 30 or from other sources)

10. Supervision Seminar or Special Seminar with Guest Lecturers

- a) According to level of development of the training group, their interests and the current possibilities this seminar can be either used for case introductions for exam preparation or to organize an external speaker to lecture on another trauma therapy technique.
- b) The goal is to reach an overview of trauma therapeutic therapy and counseling techniques to extend the vision to include a broad range of methods.
- c) Participants should introduce a practical case example, outlining the diagnostics, the client's problems and the treatment they implemented according to the SPIM 30 Model and other methods.
- d) How to write case reports is likewise a topic of this seminar